

## Dorian Scale Workout

For instruments in concert key (Guitar, piano, bass, trombone, flute, etc.)

Use this sheet together with the Scale Practice audio tracks at the Phillips Guild website:

<http://phillipsguild.org/resourcescalepractice.html>

There are four practice tracks for the Dorian scale. They vary in style and tempo, but they all use the following chord changes. Each row represents 8 bars. We remain in each of the 12 keys for 8 bars. You can play the Dorian scale throughout the first 7 bars in each row. The 8<sup>th</sup> bar in each row -- e.g. "D7(b9)" -- is a chord that modulates to the new key, so you may want to adjust the notes you play in the 8<sup>th</sup> bar.

Dm7	Em7	Dm7 G7	Em7 A7	Dm9	Em7	Dm7	D7(b9)	
Gm7	Am7	Gm7 C7	Am7 D7	Gm9	Am7	Gm7	G7(b9)	
Cm7	Dm7	Cm7 F7	Dm7 G7	Cm9	Dm7	Cm7	C7(b9)	
Fm7	Gm7	Fm7 Bb7	Gm7 C7	Fm9	Gm7	Fm7	F7(b9)	
Bbm7	Cm7	Bbm7 Eb7	Cm7 F7	Bbm9	Cm7	Bbm7	Bb7(b9)	
Ebm7	Fm7	Ebm7 Ab7	Fm7 Bb7	Ebm9	Fm7	Ebm7	Eb7(b9)	
Abm7	Bbm7	Abm7 Db7	Bbm7 Eb7	Abm9	Bbm7	Abm7	Ab7(b9)	
C#m7	D#m7	C#m7 F#	D#m7 G#7	C#m9	D#m7	C#m7	C#7(b9)	
F#m7	G#m7	F#m7 B7	G#m7 C#7	F#m9	G#m7	F#m7	F#7(b9)	
Bm7	C#m7	Bm7 E7	C#m7 F#7	Bm9	C#m7	Bm7	B7(b9)	
Em7	F#m7	Em7 A7	F#m7 B7	Em9	F#m7	Em7	E7(b9)	
Am7	Bm7	Am7 D7	Bm7 E7	Am9	Bm7	Am7	A7(b9)	
Dm7								

## Dorian Scale Workout

For instruments in Bb (Trumpet, clarinet, tenor sax, etc.)

Use this sheet together with the Scale Practice audio tracks at the Phillips Guild website:

<http://phillipsguild.org/resourcescalepractice.html>

There are four practice tracks for the Dorian scale. They vary in style and tempo, but they all use the following chord changes. Each row represents 8 bars. We remain in each of the 12 keys for 8 bars. You can play the Dorian scale throughout the first 7 bars in each row. The 8<sup>th</sup> bar in each row -- e.g. "D7(b9)" -- is a chord that modulates to the new key, so you may want to adjust the notes you play in the 8<sup>th</sup> bar.

Em7	F#m7	Em7 A7	F#m7 B7	Em9	F#m7	Em7	E7(b9)	
Am7	Bm7	Am7 D7	Bm7 E7	Am9	Bm7	Am7	A7(b9)	
Dm7	Em7	Dm7 G7	Em7 A7	Dm9	Em7	Dm7	D7(b9)	
Gm7	Am7	Gm7 C7	Am7 D7	Gm9	Am7	Gm7	G7(b9)	
Cm7	Dm7	Cm7 F7	Dm7 G7	Cm9	Dm7	Cm7	C7(b9)	
Fm7	Gm7	Fm7 Bb7	Gm7 C7	Fm9	Gm7	Fm7	F7(b9)	
Bbm7	Cm7	Bbm7 Eb7	Cm7 F7	Bbm9	Cm7	Bbm7	Bb7(b9)	
Ebm7	Fm7	Ebm7 Ab7	Fm7 Bb7	Ebm9	Fm7	Ebm7	Eb7(b9)	
Abm7	Bbm7	Abm7 Db7	Bbm7 Eb7	Abm9	Bbm7	Abm7	Ab7(b9)	
C#m7	D#m7	C#m7 F#	D#m7 G#7	C#m9	D#m7	C#m7	C#7(b9)	
F#m7	G#m7	F#m7 B7	G#m7 C#7	F#m9	G#m7	F#m7	F#7(b9)	
Bm7	C#m7	Bm7 E7	C#m7 F#7	Bm9	C#m7	Bm7	B7(b9)	
Em7								

## Dorian Scale Workout

For instruments in Eb (Alto sax, baritone sax, etc.)

Use this sheet together with the Scale Practice audio tracks at the Phillips Guild website:

<http://phillipsguild.org/resourcescalepractice.html>

There are four practice tracks for the Dorian scale. They vary in style and tempo, but they all use the following chord changes. Each row represents 8 bars. We remain in each of the 12 keys for 8 bars. You can play the Dorian scale throughout the first 7 bars in each row. The 8<sup>th</sup> bar in each row -- e.g. "D7(b9)" -- is a chord that modulates to the new key, so you may want to adjust the notes you play in the 8<sup>th</sup> bar.

Bm7	C#m7	Bm7 E7	C#m7 F#7	Bm9	C#m7	Bm7	B7(b9)	
Em7	F#m7	Em7 A7	F#m7 B7	Em9	F#m7	Em7	E7(b9)	
Am7	Bm7	Am7 D7	Bm7 E7	Am9	Bm7	Am7	A7(b9)	
Dm7	Em7	Dm7 G7	Em7 A7	Dm9	Em7	Dm7	D7(b9)	
Gm7	Am7	Gm7 C7	Am7 D7	Gm9	Am7	Gm7	G7(b9)	
Cm7	Dm7	Cm7 F7	Dm7 G7	Cm9	Dm7	Cm7	C7(b9)	
Fm7	Gm7	Fm7 Bb7	Gm7 C7	Fm9	Gm7	Fm7	F7(b9)	
Bbm7	Cm7	Bbm7 Eb7	Cm7 F7	Bbm9	Cm7	Bbm7	Bb7(b9)	
Ebm7	Fm7	Ebm7 Ab7	Fm7 Bb7	Ebm9	Fm7	Ebm7	Eb7(b9)	
Abm7	Bbm7	Abm7 Db7	Bbm7 Eb7	Abm9	Bbm7	Abm7	Ab7(b9)	
C#m7	D#m7	C#m7 F#	D#m7 G#7	C#m9	D#m7	C#m7	C#7(b9)	
F#m7	G#m7	F#m7 B7	G#m7 C#7	F#m9	G#m7	F#m7	F#7(b9)	
Bm7								

## Dorian Scale Workout

For instruments in F (French horn, etc.)

Use this sheet together with the Scale Practice audio tracks at the Phillips Guild website:

<http://phillipsguild.org/resourcescalepractice.html>

There are four practice tracks for the Dorian scale. They vary in style and tempo, but they all use the following chord changes. Each row represents 8 bars. We remain in each of the 12 keys for 8 bars. You can play the Dorian scale throughout the first 7 bars in each row. The 8<sup>th</sup> bar in each row -- e.g. "D7(b9)" -- is a chord that modulates to the new key, so you may want to adjust the notes you play in the 8<sup>th</sup> bar.

Am7	Bm7	Am7 D7	Bm7 E7	Am9	Bm7	Am7	A7(b9)	
Dm7	Em7	Dm7 G7	Em7 A7	Dm9	Em7	Dm7	D7(b9)	
Gm7	Am7	Gm7 C7	Am7 D7	Gm9	Am7	Gm7	G7(b9)	
Cm7	Dm7	Cm7 F7	Dm7 G7	Cm9	Dm7	Cm7	C7(b9)	
Fm7	Gm7	Fm7 Bb7	Gm7 C7	Fm9	Gm7	Fm7	F7(b9)	
Bbm7	Cm7	Bbm7 Eb7	Cm7 F7	Bbm9	Cm7	Bbm7	Bb7(b9)	
Ebm7	Fm7	Ebm7 Ab7	Fm7 Bb7	Ebm9	Fm7	Ebm7	Eb7(b9)	
Abm7	Bbm7	Abm7 Db7	Bbm7 Eb7	Abm9	Bbm7	Abm7	Ab7(b9)	
C#m7	D#m7	C#m7 F#	D#m7 G#7	C#m9	D#m7	C#m7	C#7(b9)	
F#m7	G#m7	F#m7 B7	G#m7 C#7	F#m9	G#m7	F#m7	F#7(b9)	
Bm7	C#m7	Bm7 E7	C#m7 F#7	Bm9	C#m7	Bm7	B7(b9)	
Em7	F#m7	Em7 A7	F#m7 B7	Em9	F#m7	Em7	E7(b9)	
Am7								